

Postpartum Care Basics: Transition from Maternity to Well-Woman Care

GENERAL POSTPARTUM/INTERCONCEPTION CARE

- American Academy of Family Physicians. [Preconception Care \(Position Paper\)](#).
- American College of Nurse Midwives. [ACNM Library](#) (Position Statements, Briefs, and Fact Sheets).
- Association of Women Health, Obstetric and Neonatal Nurses. [Postpartum Discharge Education Program](#).
- Council on Patient Safety in Women's Health Care. [Postpartum Care Basics: From Birth to the Comprehensive Postpartum Visit Patient Safety Bundle](#).
- Lu MC, et al. [Preconception Care Between Pregnancies: The Content of Internatal Care](#). *Maternal and Child Health Journal*. 2006;10(Suppl 1):107-122. doi:10.1007/s10995-006-0118-7.
- [March of Dimes](#).
- [Optimizing Postpartum Care](#). Committee Opinion No. 666. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2016; 127:e187-92.
- Smith, GN, Saade, G. [SMFM White Paper: Pregnancy as a Window to Future Health](#). Society for Maternal-Fetal Medicine.

CHRONIC DISEASE MANAGEMENT

- [Emergent therapy for acute-onset, severe hypertension during pregnancy and the postpartum period](#). Committee Opinion No. 692. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2017;129:e90–5.
- [Gestational Diabetes Mellitus](#). Practice Bulletin No. 190. American College of Obstetricians and Gynecologists. *Obstet Gynecol*. 2018. Feb;131(2):e49-e64.
- The JAMA Network. [Hypertension Guidelines](#).
- [Preeclampsia Foundation](#).

REPRODUCTIVE LIFE PLANNING/CONTRACEPTION USE

- [Adolescents and long-acting reversible contraception: implants and intrauterine devices](#). Committee Opinion No. 539. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2012;120:983–8.
- [Besider](#).
- [CHOICE for Youth and Sexuality](#).

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- [Contraception for Adolescents](#). Ott, Mary A, Sucato, G, Committee on Adolescence. American Academy of Pediatrics. Pediatrics. 2014 Feb;134(4):e1257-e1281.
- Curtis KM, Jatlaoui TC, Tepper NK, et al. [U.S. Selected Practice Recommendations for Contraceptive Use, 2016](#). MMWR Recomm Rep 2016;65(No. RR-4):1-66.
- Curtis KM, Tepper NK, Jatlaoui TC, et al. [U.S. Medical Eligibility Criteria for Contraceptive Use, 2016](#). MMWR Recomm Rep 2016;65(No. RR-3):1-104.
- Dickey, RP. [Managing Contraceptive Pill Patients](#). EMIS Inc. Medical Publishers.
- Gavin L, et al. [Providing Quality Family Planning Services — Recommendations from CDC and the U.S. Office of Population Affairs, 2014](#). MMWR Recomm Rep 2014;63(RR04);1-29.
- Hatcher, Robert A. (2011). [Contraceptive Technology, 20th ed.](#) [New York, NY]: Ardent Media.
- [Perinatal and Reproductive Health 2015-2016 Final Report](#). National Quality Forum.
- [Planned Parenthood](#).
- [Reproductive life planning to reduce unintended pregnancy](#). Committee Opinion No. 654. American College of Obstetricians and Gynecologists. Obstet Gynecol 2016;127:e66-9.

BREASTFEEDING/LACTATION SERVICES

- Association for State and Territorial Officials. [Increasing Access to Contraception](#).
- Association of Women's Health, Obstetric and Neonatal Nurses. (2009). [AWHONN position statement: Insurance coverage for contraceptives](#). Journal of Obstetric, Gynecologic, & Neonatal Nurses.
- [Breastfeeding Recommendations for Women Who Receive Medication-Assisted Treatment for Opioid Use Disorders](#). AWHONN Practice Brief Number 4. Association for Women's Health, Obstetric and Neonatal Nurses. JOGNN 2016;45(4):574-576
- Gavin L, et al. [Providing Quality Family Planning Services — Recommendations from CDC and the U.S. Office of Population Affairs, 2014](#). MMWR Recomm Rep 2014;63(RR04);1-29.
- [Lactation Education Resources](#).
- [ZipMilk](#).

SMOKING/ SUBSTANCE ABUSE

- American College of Obstetricians and Gynecologists. [Tobacco, Alcohol, and Substance Abuse](#).

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- Centers for Disease Control and Prevention. [Fetal Alcohol Spectrum Disorders \(FASD\) Training and Resources.](#)
- Council on Patient Safety in Women's Health Care. [Obstetric Care for Women with Opioid Use Disorder Patient Safety Bundle.](#)
- [Fetal Alcohol Spectrum Disorders \(FASD\) Prevention Program.](#) American College of Obstetricians and Gynecologists.
- Substance Abuse and Mental Health Services Administration. [Practice and Policy Considerations for Child Welfare, Collaborating Medical, and Service Providers.](#)
- [Tobacco Use and Women's Health.](#) Committee Opinion No. 503. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2011;118:746–50.
- [Tobacco Cessation: An Essential Women's Health Intervention.](#) You Quit Two Quit. *Practice Bulletin.* 2017.

RACIAL DISPARITIES/HEALTH EQUITY

- American Academy of Family Physicians. [The EveryONE Project. Social Determinants of Health Guide to Social Needs Screening Tool and Resources.](#)
- Council on Patient Safety in Women's Health Care. [Reduction of Peripartum Racial/Ethnic Disparities Patient Safety Bundle.](#)
- [EthnoMed.](#)
- [Importance of social determinants of health and cultural awareness in the delivery of reproductive health care.](#) ACOG Committee Opinion No. 729. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2018;131:e43–8.

MATERNAL MENTAL HEALTH

- American Academy of Family Physicians. [Postpartum Depression Toolkit.](#)
- Council on Patient Safety in Women's Health Care. [Maternal Mental Health: Depression and Anxiety Patient Safety Bundle.](#)
- [Jenny's Light Foundation.](#)
- [Postpartum Support International.](#)

OTHER RELATED RESOURCES

- [211](#)
- [Women's Preventive Services Initiative.](#)