

Postpartum Care Basics: From Birth to the Comprehensive Postpartum Visit

1. READINESS

- [Optimizing Postpartum Care](#). Committee Opinion No. 736. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2018;131:e140–50.
- Association of Women Health, Obstetric and Neonatal Nurses. [Postpartum Discharge Education Program](#)
- Association of Women Health, Obstetric and Neonatal Nurses. [Evidence-Based Clinical Practice Guidelines](#).
- Association of Women Health, Obstetric and Neonatal Nurses. [POST-BIRTH Warning Signs Course: POST-BIRTH Warning Signs](#).
- [Optimizing Support for Breastfeeding as Part of Obstetric Practice](#). Committee Opinion No. 658. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2016; 127:e86-92.
- [Breastfeeding, Family Physicians Supporting \(Position Paper\)](#). American Academy of Family Physicians.
- American College of Obstetricians & Gynecologists. 2016. [Optimizing Support for Breastfeeding](#).
- American College of Obstetricians & Gynecologists. [Breastfeeding](#).
- [Immediate Postpartum Long-Acting Reversible Contraception](#). Committee Opinion No. 670. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2016; 128:e32-7.
- Centers for Disease Control and Prevention. [United States Medical Eligibility Criteria \(US MEC\) for Contraceptive Use](#).
- Council on Patient Safety in Women's Health. [Maternal Mental Health: Perinatal Depression and Anxiety Patient Safety Bundle](#).
- Substance Abuse and Mental Health Services Administration. [Practice and Policy Considerations for Child Welfare, Collaborating Medical, and Service Providers](#).

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2. RECOGNITION

- Association of Women Health, Obstetric and Neonatal Nurses. [Postpartum Discharge Education Program](#)
- Association of Women Health, Obstetric and Neonatal Nurses. [Evidence-Based Clinical Practice Guidelines](#).
- Association of Women Health, Obstetric and Neonatal Nurses. [POST-BIRTH Warning Signs Course: POST-BIRTH Warning Signs](#).
- Community Care of North Carolina. 2015. [PMH Care Pathways: Postpartum Care and the Transition to Well Woman Care](#).
- American College of Obstetricians and Gynecologists. [Depression and Postpartum Depression: Resource Overview](#).
- [Screening for Perinatal Depression](#). Committee Opinion No. 585. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2015;125:1268–71.
- American Academy of Pediatricians. [Maternal Depression Screening](#).
- Council for Patient Safety in Women's Health Care. [Maternal Mental Health: Perinatal Depression and Anxiety Patient Safety Bundle](#).
- National Institute on Drug Abuse. [Drug Screening Tool](#).

3. RESPONSE

- [Partnership for Maternal & Child Health of Northern New Jersey](#).
- [Postpartum Support International](#).
- Association of Women Health, Obstetric and Neonatal Nurses. [Evidence-Based Clinical Practice Guidelines](#).

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- Association of Women Health, Obstetric and Neonatal Nurses. [POST-BIRTH Warning Signs Course: POST-BIRTH Warning Signs.](#)
- Academy of Breastfeeding. [Clinical Protocols.](#)
- Massachusetts Child Psychiatry Access Program (MCPAP) for Moms. [Postpartum Depression Screening: MCPAP for Moms.](#)
- American College of Obstetricians and Gynecologists. [Tobacco, Alcohol, and Substance Abuse.](#)
- You Quit Two Quit. [The 5As: Evidence-Based Tobacco Cessation Counseling for Pregnant and Postpartum Women.](#)
- Text4baby. [A Guide for Enrolling Patients and Clients in Text4baby.](#)
- [Informed Medical Decisions Foundation.](#)
- [2-1-1.](#)

4. REPORTING/SYSTEMS LEARNING

- Association for Reproductive Healthcare Professionals. [Performance measures for contraceptive care: what are we actually trying to measure?](#)
- National Committee for Quality Assurance. [Prenatal and Postpartum Care \(PPC\).](#)
- National Committee for Quality Assurance. [HEDIS Depression Measures Specified for Electronic Clinical Data Systems](#)
- National Quality Forum Perinatal and Reproductive Health Project 2015-2016. [Breast Milk Feeding, Contraceptive Care and Postpartum Care Measures.](#)