Postpartum Care Basics: Transition from Maternity to Well-Woman Care

GENERAL POSTPARTUM/INTERCONCEPTION CARE

- American College of Nurse Midwives. ACNM Library (Position Statements, Briefs, and Fact Sheets).
- Association of Women Health, Obstetric and Neonatal Nurses. Postpartum Discharge Education Program.
- March of Dimes.

CHRONIC DISEASE MANAGEMENT

- The JAMA Network. Hypertension Guidelines.
- Preeclampsia Foundation.

REPRODUCTIVE LIFE PLANNING/CONTRACEPTION USE

- Besider.
- CHOICE for Youth and Sexuality.
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- Planned Parenthood.

BREASTFEEDING/LACTATION SERVICES

- Association for State and Territorial Officials. Increasing Access to Contraception.
- Lactation Education Resources.
- ZipMilk.

SMOKING/ SUBSTANCE ABUSE

- American College of Obstetricians and Gynecologists. Tobacco, Alcohol, and Substance Abuse.
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- Centers for Disease Control and Prevention. Fetal Alcohol Spectrum Disorders (FASD) Training and Resources.

RACIAL DISPARITIES/HEALTH EQUITY
- EthnoMed.

MATERNAL MENTAL HEALTH
- Jenny's Light Foundation.
- Postpartum Support International.

OTHER RELATED RESOURCES
- 211
- Women’s Preventive Services Initiative.